



## COMPETITION RULES

"RESO SUWAŁKI 10.5 - MUNICIPAL FESTIVAL OF RUNNING 2019

### I. ORGANIZER

The Organizer of the Running Festival under the name "**RESO SUWAŁKI 10.5 - Municipal Festival of Running**", hereinafter referred to as "the Race", is the **Sports and Recreation Centre in Suwałki**, ul. Wojska Polskiego 2, 16-400 Suwałki, [www.osir.suwalki.pl](http://www.osir.suwalki.pl); e-mail [sekretariat@osir.suwalki.pl](mailto:sekretariat@osir.suwalki.pl); tel.+48 87 566 32 82, fax 87 563 18 56 (hereinafter Organizer).

### II. GENERAL SPONSOR

The titular partner of the Race is RESO Europa Service sp. z o.o. ul. Innowacyjna 1, 16-400 Suwałki, entered into the Register of Entrepreneurs of the National Court Register maintained by the District Court under the number 0000243724, NIP: 844-219-13-72

### III. PROJECT AIMS:

"RESO SUWAŁKI 10,5 Municipal Festival of Running" is a sports project designed for persons interested in active recreation and competitive sports with the following objectives:

- popularization and promotion of running as the simplest form of physical activity;
- integration of sports community;
- promotion of the City of Suwałki.

### IV. PLACE AND TIME

1. The Running Festival titled "**RESO SUWAŁKI 10,5 - Municipal Festival of Running**" will be held in Suwałki on 06 July 2019.
  - a) "**SUWAŁKI QUARTER RUN**" - individual race on the distance of a quarter of a marathon (10,548.75 km); the run will take place at 21.30hrs.
  - b) "**SUWAŁKI DÉBUTS**" - individual race on the distance of 3,516.25km; the race will take place at 20:30hrs.
  - c) "**SUWAŁKI MARCH!**" - Nordic walking on the distance of 2 000m; the race will take place at 20:40hrs.
  - d) "**FAIRY-TALE RACE**" - individual race on the distance of 1.000 m; the race will take place at 18:30hrs.
  - e) "**CHEERFUL RACES**"- race for kindergarten and school children: the race will take place at 17.00hrs (competition procedures are regulated by a separate set of Rules).
2. The starts and finishes are localized in Maria Konopnicka Square.
3. All races will be carried out along the route certified by the Polish Athletics Federation (loop of 3.516,25 m), marked every 1st, 2nd, 3rd km, 5th and 10km.
4. Runners should report at the start of a run at least 15 minutes before the start.
5. The Suwałki Quarter race will have the so called ELITE zone marked (directly at the starting line). The right to stand in the zone have runners who in the previous 3 years have finished the 10 000 m race under **0h:35m:00s**, and in the case of women under **0h:40m:00s** as well as runners who obtained special invitation from Organizer. The proof of achieving the mentioned above minimum results (e.g. a result published on the website of a running event) should be presented at the verification stage at the latest.
6. The Organizer reserves the right to change the date and/or location of the Race, but in such cases Entrants will be notified about the change via the Organizer's website ([www.osir.suwalki.pl](http://www.osir.suwalki.pl)) and at [www.domtel-sport.pl](http://www.domtel-sport.pl) (internet-based system of registration for running events) no later than 24 hours before the start of the Race. Any such changes does not incur any liability on the part of the Organizer to participants.



## V. TIME LIMITS AND CHECKS

1. Participants of particular races must observe time limits for completing their competition:
  - a) SUWAŁKI QUARTER – 1h:30m:00s
  - b) SUWAŁKI DÉBUTS – 0h:40m:00s
  - c) SUWAŁKI MARCH - 0h:40m:00s
  - d) FAIRY-TALE RACE - 0h:30m:00s
2. There will be 3 checkpoints located with the timer displaying the official time of the race.
3. Apart from the checkpoint with the electronic timer, there will be other checkpoints arranged along the course where referees will continuously monitor the progress of the competition. Any participant who has been found to have gained an unfair advantage (“cutting the course”) or other actions in breach of the provisions these Rules becomes subject to the penalty of disqualification (“DQ”).
4. Runners who will not reach the checkpoint within the prescribed limit or for other reasons discontinue the race along its course are obliged to stop running, leave the course and reach the finish line by the bus bearing the ‘KONIEC BIEGU’ (‘END OF THE RACE’) sign.
5. Participants who decide to continue running after the time limit has passed, do so at their own risk, subject to road traffic regulations and the provisions of the Polish Civil Code.
6. Participants who reach the finish line by bus shall not be included in the final classification. The result list shall include then information next to the participants name: DNF (not finished) or DNS (not started) in case the participant did not appear on the starting line.

## VI. PARTICIPATION AND REGISTRATION

1. The Race is an open event. In order to take part in the Race, participants have to be at least 18 years of age as of 06 July 2019. Persons under 18 years of age can take part in the competition basing on the consent of their legal guardian submitted to the Competition Office (**Annex No. 1- to these Rules**).
2. Applications for on-line registration shall be accepted until **30 June 2019**. Beyond that deadline, applications will be accepted, subject to availability, by the Competition Office.
3. All participants of the run are obliged to appear at the Run Office for verification which is going to be organized at the following times:
  - a) 1-5 July from 13:00 – 20:00hrs, **Zespół Szkół nr 1, ul. T. Noniewiczza 83**
  - b) 6 July from 12:00hrs, **Zespół Szkół nr 1, ul. T. Noniewiczza 83**
    - **Suwałki Quarter** - verification will close at 20:30 hrs.
    - **Suwałki Débuts** - registration / verification will close at 19:30 hrs.
    - **Suwałki March** - verification will close at 19:30 hrs.
    - **Fairy-Tale Race** - verification will close at 17:30 hrs.
4. Preconditions for taking part in the Run are:
  - a) filling the registration form at [datasport.pl](http://datasport.pl)
  - b) acceptance of one’s responsibility for participation in the Run, bearing in mind the hazards and risks related to the nature and length of the Run, including the risks of loss or deterioration of health or life. Participants should be persons in good health without medical contraindications for taking part in running competitions.
  - c) expressing written consent for processing of the Participant's personal data included in the registration form and submit a statement on the state of health allowing to participate in the Run, as well as consent to post personal data in the form of name, sex, year of birth, nationality and image on television, radio, internet and printed media, and allow the Organizer to send forms and organizational information on RESO Suwałki 10.5 to an e-mail address



specified by Participant.

Participant's personal data may be transferred to entities cooperating with the Personal Data Administrator and the Organizer during the running of RESO Suwałki 10.5 and related events based on entrustment agreements, in accordance with art. 31 of the Act of August 29, 1997 on the Protection of Personal Data (JOL of 2016, item 922, as amended)

- d) submitting a disclaimer confirming agreement to free of charge use of footage or photographs that include an image of the Participant. Participant grants the Sports and Recreation Centre in Suwałki and its sponsors a non-exclusive, territorially and temporarily unlimited license for the use of a fixed image in the following types of use:
1. fixing and reproduction of images by any means and dissemination in any form;
  2. providing sponsors and official partners with a copy or a copy of the media on which the image was recorded, in order to be used for promotion of the sponsor or official partner within the scope of their participation in the RESO event Suwałki 10.5
  3. digital and multimedia network storage,
  4. multiplication of the stored image,
  5. public exhibition, screening, presentation and broadcast as well as making images publicly available in such a manner that anyone could access it at a place and time selected thereby,
  6. posting and publishing in the press, on websites, posters and billboards,
  7. broadcasting on television and radio transmissions
  8. publishing images of the Participant showing his participation in the Race in the form of photos from the course of the Race (a link to photos and video materials will be placed next to the Participant's name);
- e) taking part in the verification process at the Competition Office on 03-06.07.2019
5. During verification, each participant must have a valid identity document with a photograph.
  6. During the verification, Entrants shall receive race packs, including a race bib with a timing chip secured by foam and premium T-shirt.
  7. Organizer cannot guarantee to supply a T-shirt in size declared at registration.
  8. Race packs may be claimed by third parties only basing on a participant's written declaration (**Annex 2 to these Rules**) and a photocopy of the ID of a registered competitor. In addition, you should also present a signed Participant's health statement.

## VII. FEES

1. Each Participant shall cover the costs of the Entry Fee, which depending on the date of payment will be:
  - a) **SUWAŁKI QUARTER 10.5km** (limit of entrants - 800 runners) and **SUWAŁKI DÉBUTS 3.5km** (limit of entrants - 150 runners)

date due	race pack with a T-shirt
until 17 March 2019	PLN 50
until 19 May 2019	PLN 65
until 30 June 2019	PLN 75
from 3 -6 June 2019	PLN 85

- b) **FAIRY-TALE RACE** (limit of entrants - 300 runners) and **SUWAŁKI MARCH** (limit of entrants - 100 runners)

date due	pack without a T-shirt
until 30 June 2019	PLN 5



from 3 -6 June 2019	PLN 10
---------------------	--------

2. The Entry Fee should be paid using the on-line service at [www.datasport.pl](http://www.datasport.pl) via the DOTPAY system within **14 days following the registration** (30 June is the closing date of on-line registration) or at the desk of the Race Office on 3-6 July 2019 (stationary registration).

**PERSONS WHO DO NOT PAY THE ENTRY FEE FOR THEIR PARTICIPATION WITHIN 14 DAYS FROM THE DATE OF REGISTRATION WILL BE REMOVED FROM THE STARTING LIST**

3. The first 50 registered Entrants who will sign up for Suwałki Quarter and the first 30 people who will sign up for Suwałki Debuts will be able to take advantage of the promotional price for the race pack of PLN 40.
4. Residents of Suwałki who own a Suwałki Resident Card, can take advantage of an additional discount of 10% off the pack price in a given period of time. The condition for calculating the discount is providing a correct number of the resident card in the registration form. Additionally, the Suwałki Resident Card will be verified in the Competition Office.
5. Participants can also take advantage of team discounts:
- Team from 5-10 participants - 10 %,
  - Team from 11-20 participants - 15%,
  - Team over 20 participants - 20%.

To obtain a team discount:

- Each member of the team needs to sign up for an account on [datasport.pl](http://datasport.pl)
  - Correctly fill in the Run registration form, entering also the name of the team,
  - The person responsible for team registration should proceed to the option: Pay, and
  - Choose: group payment, and then choose the team to be paid for (enter precise name of the team),
  - All persons mentioned above must be registered Participants,
  - The person responsible pays then for the whole team with the appropriate discount.
  - The team discount applies only in the case of a one-off payment for the team.
  - Entrants added later to the team will not be able to take advantage of the discount, though they will be added to general classification with their team.
6. The following persons shall be exempt from entry fees, provided they register by **30 April 2019**:
- a) persons aged 65+ ,
  - b) winners of the Suwałki Quarter in different age categories during the 3rd edition of the RESO Suwałki 10,5 - Municipal Festival of Running
  - c) persons exempt from fee payment by Organizer
7. The Organizer shall verify the right of free entry in the Race during the distribution of race packs at the Competition Office. For those that do not fit the criteria at point 3, applies the regular entry fee of PLN 85.00.
8. In case of the on-line payment, accepted are only payments in Polish currency (Polish zloty, PLN). All transactions are handled by the Krakow-based company Dotpay Sp. z o.o., specific Terms and Conditions established by Dotpay sp. z o.o. apply.
9. The date of fee payment is understood as the date and time of the money transfer to the Organizer's bank account or receipt of cash payment at the Competition Office. The entry fees are non-refundable except in cases when the Race is cancelled due to reasons attributable to Organizer, or when the fee was paid after the deadline.
10. In case of payment methods that involve payment of a commission towards a bank or other intermediary agency, the total fee paid must include the said commission. If the fee is not paid, the Participant may not register for the event.



11. It is possible to transfer your race number to another participant who has not yet obtained a number. Organizer allows this to happen with the deadline of 16 June 2019 inclusive. Assignment of your entry fee to another person should be made by sending information about the transfer by writing to: e-mail: [maja.grochowska@osir.suwalki.pl](mailto:maja.grochowska@osir.suwalki.pl)

#### VIII. RANKINGS

1. "RESO SUWAŁKI 10.5 - Municipal Festival of Running" shall provide the following rankings of the participants:
- a) **SUWAŁKI QUARTER**
- Women
  - Men
  - Best Polish male runner
  - Best Polish female runner
  - Best male resident of Suwałki
  - Best female resident of Suwałki
  - Fastest team
  - Most numerous team
  - Age categories (men/women):
    - K-20 / M-20 (born in 1990 and younger):
    - K-30 / M-30 (born between 1989-1980)
    - K-40 / M-40 (born between 1979-1970)
    - K-50 / M-50 (born between 1969-1960)
    - K-60 / M-60 (born between 1959-1950)
    - K-70 / M-70 (born in 1949 and older)
- b) **SUWAŁKI DÉBUTS**
- Male ranking
  - Female ranking
2. The classifications shall be based on electronic time measurement recorded using the chip attached to the bib. A pressure timing mats will be placed along the race course recording the times of participant's appearance at the measurement point. Lack of recording for a given runner crossing a measurement point will disqualify the runner.

#### IX. AWARDS

##### SUWAŁKI QUARTER

###### a) Male ranking

- 1st place – PLN 1500 + commemorative cup
- 2nd place – PLN 1200 + commemorative cup
- 3rd place – PLN 1000 + commemorative cup
- 4th place – PLN 800 + statuette
- 5th place – PLN 600 + statuette

###### b) Female ranking

- 1st place – PLN 1500 + commemorative cup
- 2nd place – PLN 1200 + commemorative cup
- 3rd place – PLN 1000 + commemorative cup
- 4th place – PLN 800 + statuette
- 5th place – PLN 600 + statuette



c) **Best Polish male runner**

- 1st place – PLN 1500 + commemorative cup
- 2nd place – PLN 1200 + commemorative cup
- 3rd place – PLN 1000 + commemorative cup
- 4th place – PLN 800 + statuette
- 5th place – PLN 600 + statuette

d) **Best Polish female runner**

- 1st place – PLN 1500 + commemorative cup
- 2nd place – PLN 1200 + commemorative cup
- 3rd place – PLN 1000 + commemorative cup
- 4th place – PLN 800 + statuette
- 5th place – PLN 600 + statuette

e) **Best female resident of Suwałki:**

- 1st place – PLN 500 + statuette
- 2nd place – PLN 300 + statuette
- 3rd place – PLN 200 + statuette

f) **The best female residents of Suwałki:**

- 1st place – PLN 500 + statuette
- 2nd place – PLN 300 + statuette
- 3rd place – PLN 200 + statuette

g) **Fastest team** (regarding 4 best times in the team)

- 1st place – PLN 1200 + statuette
- 2nd place – PLN 1000 + statuette
- 3rd place – PLN 800 + statuette

h) **Most numerous team** (regarding number of runners completing the race)

- PLN 1500 + cup (voucher to be used during the after party)

i) **Men and Women Age Categories 18-29, 30-39, 40-49, 50-59, 60-69, 70+;**

Statuettes and souvenirs (places 1 to 3)

## SUWAŁKI DÉBUTS

a) **Male ranking**

- 1st place – PLN 300 + statuette
- 2nd place – PLN 200 + statuette
- 3rd place – PLN 100 + statuette

b) **Female ranking**

- 1st place – PLN 300 + statuette
- 2nd place – PLN 200 + statuette
- 3rd place – PLN 100 + statuette



1. An additional condition to collect a prize is to preserve the race bib worn during the competition until the prize-giving ceremony.
2. Money prize winners shall receive the prizes less the income tax, as they are subject to applicable tax laws.
3. Participation in the categories Best Female/Male Resident of Suwałki is confirmed basing on the participant's place of residence as validated at the Competition Office basing on a valid ID. In the absence of information about the place of residence in an ID, the Civil Registry Office in Suwałki will verify the place of residence of the winners. Documents confirming their residence in Suwałki can be e.g. electricity bill, bank statement, tax bill etc. Each participant of the mentioned above runs is obliged to confirm his residence within 7 days from the completion of the Race at the Department of Sport, Recreation and Marketing, ul. Wojska Polskiego 2, Suwałki.
4. Money prizes will be paid by money transfer to the bank account specified by the competition participants within 14 days from the closing of the event.
5. In the case new sponsors/partners join our event, the pool of financial awards as well as services available to Entrants will be increased.
6. All entrants who **complete the Race** before the obligatory cut-off time will receive a commemorative medal.

#### X. FINAL PROVISIONS

1. The participants of the RESO SUWAŁKI 10.5 - Municipal Festival of Running event are obliged to observe the Competition Rules.
2. Each Entrant is obliged to fasten their bib/start number on the front of his/her vest/t-shirt. The numbers must not be bent, cropped or obscured. Passing the race bib/number to another person will result in disqualification of the participant.
3. During the race of SUWAŁKI QUARTER, Organizer shall provide Refreshment points (sponges and water) located at the end of the loop.
4. Organizer will not accept any food supplements provided by the participants.
5. Mobile emergency service will be available along the length of the course. There will be an additional medical aid station located at the finish. A runner must immediately withdraw from the Race if the medical emergency service orders him/her to do it for medical reasons.
6. Persons not wearing valid race bibs/numbers are not allowed to stay on the race course. Persons not wearing valid race bibs/numbers will be removed from the race course by the Race staff.
7. Participants shall respect public order, observe any instructions from the security personnel and respect other participants of the Race.
8. Organizer shall be entitled to remove from the area of the competition any persons who in any manner disturb public order, disturb the course of the Competition or their behavior breaches these Competition Rules.
9. The Organizer cannot be held liable for any items lost during the event.
10. The Organizer does not provide accident insurance cover.
11. The final interpretation of the provisions of these Competition Rules belongs to the Organizer and the Main Referee of the competition.

#### XI. GENERAL DISCLAIMER OF THE CENTRE FOR SPORTS AND RECREATION IN SUWAŁKI

Regarding collecting your personal data which will be necessary/indispensable for fulfilling the statutory tasks of the Sports and Recreation Center in Suwałki, proper performance of contracts, organization of events and performance of other tasks of the Sports and Recreation Center in Suwałki, pursuant to art. 13 para. 1 and par. 2 of Regulation of the European Parliament and of the Council (EU) 2016/679 of 27 April 2016 on the protection of individuals with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46 / EC (general regulation on protection data, further: GDPR), the Centre for Sports and Recreation in Suwałki would like to advise you that:



1. The Administrator of your personal data is the Sports and Recreation Center in Suwałki, with its registered office in Suwałki at ul. Wojska Polskiego 2, 16-400 Suwałki, represented by its Director Waldemar Borysewicz, e-mail: sekretariat@osir.suwalki.pl
2. The Controller of the personal data at the Sports and Recreation Center is Mr. Zenon Rytwiński, e-mail: iod@osir.suwalki.pl,
3. Your personal data will be processed for the purpose of:
  - a) performance of statutory tasks of the Sports and Recreation Center in Suwałki and other legal duties, including contractual Sports and Recreation Center in Suwałki (legal basis: Article 6 (1) (c) of the GDPR),
  - b) implementation of legally justified interests of the Sports and Recreation Center in Suwałki (legal basis: Article 6 paragraph 1 point f) of the GDPR), such as the execution of agreements concluded with third parties, including our partners and sponsors, direct marketing of our services and tasks, establishing, defending and pursuing claims, creating collations and analyzes (such as reporting, marketing research, etc.) in connection with the performance of our statutory tasks and legal obligations, including contractual ones.
4. Your personal data will be processed:
  - a) for the duration of statutory tasks of the Sports and Recreation Center in Suwałki and other legal obligations, including contractual ones and / or
  - b) for the duration required by applicable laws concerning storage of data and / or
  - c) for the duration of the time during which the Sports and Recreation Center in Suwałki may suffer legal consequences of improper performance or non-performance of its statutory tasks or legal obligations
5. Your personal data may be transferred by us to our partners with whom we have signed contracts for cooperation in the performance of our statutory tasks and other legal obligations, including contractual obligations, entities providing us with IT, legal assistance, advisory and consultancy services and other entities acting on our behalf and providing us with the services necessary to carry out our statutory tasks and performance of other legal obligations, including contractual obligations,
6. In compliance with GDPR, you have the right to:
  - a) demand access to personal information stored by us about you,
  - b) amend the said personal data,
  - c) request the removal or limit processing of your personal data
  - d) object to processing of your personal data
  - e) object to transfer of your personal data,
  - f) withdraw your consent to processing of your personal data at any time without affecting the legality of the processing which was carried out on the basis of consent before the withdrawal;
  - g) lodge a complaint to a supervisory body;
7. Submitting of your personal data by you is voluntary, but it may be a condition of your participation in our statutory tasks and therefore you will be required to provide it within the required by us limits whereas its lack may affect your participation in the implemented by us statutory tasks and our legal obligations, including contractual ones.





Annex 1 to the Rules

### Parent's / legal guardian's declaration of child's capability of participating in the competition

I express my consent for the minor/child under my care to participate in the Race,

Minor's Forename and Surname:

in the competition:

- Cheerful Races
- Fairy-Tale Race
- Suwałki Débuts
- Suwałki Quarter

Organized under the event: **"RESO SUWAŁKI 10.5 - Municipal Festival of Running** on 6 July 2019 in Suwałki.

### Parent's / Legal Guardian's Data:

Forename and Surname:

ID number and series:

Contact telephone:

I declare that the personal information provided in the registration is current and correct. I, parent / legal guardian of the minor, consent to the Rules of the Race posted on the page: [www.resosuwalkibieg.pl](http://www.resosuwalkibieg.pl).

At the same time, I declare that I am taking full responsibility for the health of the child and for his participation in this type of sports and recreation event. I hereby declare that there are no health contraindications that could hinder or prevent the child from participation in the sports event RESO Suwałki 10.5 - Municipal Running Day. The state of child's health is satisfactory for participation in the competition.

I hereby agree to the processing of my child's personal data for the purposes necessary to organize and conduct RESO Suwałki 10.5 - Municipal Running Day in compliance with the Act of August 29, 1997. on the protection of personal data (JOL 2002 no. 101, item 926, as amended).

I also consent to the child's image be used in information materials concerning RESO Suwałki 10.5 - Municipal Festival of Running.

Date and legible signature of the Parent / Legal Guardian



## AUTHORIZATION

I, the undersigned, .....

holder of the ID series ..... number .....

hereby authorize Mr/Mrs .....

holder of the ID series ..... number .....

to pick up my race pack.

**I attach to this authorization a photocopy of my ID card and a signed statement.**

Authorizing party

date

.....

legible signature

## DECLARATION

I declare that I have read the Competition Rules and undertake to comply with them. I hereby declare that I am capable of participating in the competition and I am taking part in them entirely at my own risk and responsibility. My state of health allows me to participate in long-distance running and there are no health contraindications against my participation in the Race.

date

.....

legible signature